2SQT+ AFFIRMING & INCLUSIVE LANGUAGE © 2023 Minero

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Therapy, Training, and Consulting

Use this activity sheet to expand your capacity and tangible skills in utilizing 2sQT+ affirming and inclusive language.

We never want to assume someone's gender identity. For the sentences below, write the 2sQT+ Inclusive statement (assuming you don't know someone's gender) in the blank space:

How old is your daughter?

Their mom and dad are available to meet.

Sy left her sweater in the car.

We want to thank all the ladies and gentlemen who joined us today.

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Write a sentence that you heard today that was not Gender Inclusive/Affirming:

Now, re-write the sentence to make it gender-inclusive:

In the table below: Fill in words/phrases that you commonly hear that are binary, and/or not gender affirming/inclusive (left column), and fill in the gender affirming way to say this word/phrase (right column).